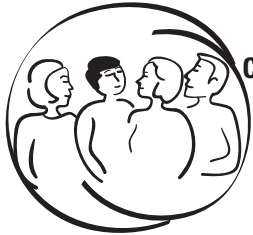


CSSS de Laval Users' Committee Informs You



CSSS de Laval
Users' Committee

Because parents aren't super heroes!

Parents of Children Defying Parental Authority

Suited for parents with children from 5 to 10 years-old who defy parental authority regularly, the purpose of this series of eight weekly meetings is to initiate you, step by step, to the process bringing you to understand better the meaning of disobedience, to reinforce good behaviours and to improve management of opposition behaviours.

Another group discussing parental authority issues more specific to parents with children affected by an attention deficit disorder, with or without hyperactivity, is also offered. In addition to topics covered in the general group, this one will seek to demystify the ADHD problematic and its consequences on the



family life and will also provide well-suited and efficient intervention tips and tools.

Active Parenting

This program is suited for parents with children from 5 to 12 years-old who wish to be more effective

in their teaching and guiding roles. A series of eight meetings, over a once-a-week schedule, is offered. Topics covered include child's development, his supervision as well as educational values and strategies.

Teen Parenting... A Journey

You wish to learn some more on behaviours impact on your teenager, his rights and privileges, communicating with your teenager, the parental role and responsibilities related to it, the development of the rules of life and suitable authority style or teens drug-addiction? These topics, and several others, are covered in a series of nine weekly meetings suited for parents of teenagers from 12 to 17 years-old who wish to improve their relation with their teens and to understand this life period.


For more information or to register, please dial 450 661-5372, ext. 605.

This information capsule is brought to you by the CSSS de Laval Users' Committee, whose representative in regards to family, child and youth services is:

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